



**J.H. Cerilles State College**

Mati, San Miguel, Zamboanga del Sur

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Office of the Community and Extension Services

**Monthly Accomplishment Report**

June 2020



**Technology Transfer of Lemongrass Jelly Spread Making to Non-working/Indigent Mothers of Biswangan, Lake Wood, Zamboanga del Sur**

Activity	Implementing Unit	Faculty Involved	Date	Location	Number of Participants
Preparation of Project Proposal	STE/SAS	Dr. Lorita P. Andot, Celemin Cuajotor	July 1 -15, 2020	Poblacion, Lake Wood, Zamboanga del Sur	
Meeting with STE/SAS Faculty	STE/SAS	Dr. Lorita P. Andot and STE/SAS Faculty Members	June 1, 2020	Poblacion, Lake Wood, Zamboanga del Sur	
Formulation and pilot testing of the proposed product	STE/SAS	Dr. Lorita P. Andot and Bobby T. Piscos	June 3, 2020	Poblacion, Lake Wood, Zamboanga del Sur	
Designing, lay-outing and printing of flyers	STE/SAS	Bobby Piscos	June 4, 2020	Poblacion, Lake Wood,	

				Zamboanga del Sur	
Approval of Project Proposal	STE/SAS, Extension Office	Ricky Egos	June 5, 2020	Mati, San Miguel Zamboanga del Sur	
Preparation of Memorandum of Agreement and other pertinent documents	STE/SAS and Extension Office	Dr. Lorita P. Andot, Celemin Cuajotor, Bobby Piscos and Ricky Egos	June 10, 2020	Poblacion, Lake Wood, Zamboanga del Sur	
MOA Signing	STE/SAS, Biswangan Barangay Office and Extension Office	Dr. Lorita P. Andot, Celemin Cuajotor, Bobby Piscos, Evelyn Cathag, Ricky Egos, Janeth Cabresis and Hon. Virgilio Barbon	June 12, 2020	Biswangan, Lake Wood, Zamboanga del Sur	
Identification, Profiling and Evaluation of Beneficiaries	STE/SAS	Dr. Lorita P. Andot , Ricky Egos , Bobby Piscos, Celemin Cuajotor, Magdalena P. Binauro, Evelyn R. Cathag, Cheryl May Arnoco, Janeth Cabresis, Marlyn Sibal, Dr. Rebie Marie E. Matildo, Jeverly Tess Mosqueda, Gina Sapong,	June 15, 2020	Biswangan, Lake Wood, Zamboanga del Sur	

		Princess Janna Pasin			
Orientation of participants	STE/SAS and Extension Office	Dr. Lorita P. Andot, Ricky Egos , Bobby Piscos, Celemin Cuajotor, Magdalena P. Binauro, Evelyn R. Cathag, Cheryl May Arnoco, Janeth Cabresis, Marlyn Sibal, Dr. Rebie Marie E. Matildo, Jeverly Tess Mosqueda, Gina Sapong, Princess Janna Pasin	June 15-17, 2020	Biswangan, Lake Wood, Zamboanga del Sur	30

## Sample Design of the Product Flyer on Lemongrass Jelly Spread Making

Standard yield of this procedure is 250 ml. Product total cost is 30 pesos.

9. Bring to boil. Stirring occasionally.



10. Continue stirring for at least 20-30 minutes or until mixture is sticky enough but not turning to candy consistency.



11. Pour the mixture into the sterilized jar and add lemongrass stalk to enhance flavor.



12. Seal for future use.



**Did you know?**

According to Dr. Ajay Sagar, (Bangalore-based nutritionist)

Lemongrass has remarkable benefits of the following:

- Good for digestion
- Full of antioxidants
- Regulates high blood pressure
- Boosts metabolism/ burns fat
- For naturally great skin and hair
- Heals cold and flu

**Visa-**

Leading public higher education institution serving the ASEAN community with quality, innovative and culture-sensitive programs

**Mission-**

- Provides need-based tertiary and advanced programs in Agriculture, Education and allied fields
- Undertakes applied research, extension and production services that yield workable and durable solutions to sector specific challenges, thus improving the socio-economic well-being of identified communities

**Core Values**

Justice, Peace and Unity  
 Hope, Honesty and Humility  
 Credibility and Integrity  
 Social Responsibility and Interfaith Dialogue  
 Collaboration and Shared Competence

**IHI Cerilles State College**  
Blowangan, Lake Wood, Zamboanga del Sur

**Lemongrass Jelly Spread**  
(*Cymbopogon citratus*)



Lemongrass (*Cymbopogon citratus*) also known as barbed wire grass, silky heads, Cochin grass, Malabar grass, oily heads or fever grass is very common in our country. Locally known as "tagalaga", this perennial herb is commonly use in cooking and sometimes as tea due to its citrusy smell and distinct flavor.

Passionate in pursuing product innovation towards sustainable food technology, **IHCSC** brings you a research-based product that will surely delight your sweet tooth. It's cost efficient! it's easy to make. Lemongrass Jelly Spread is an excellent addition to your must cook recipe.

Feel free to visit our website:  
[www.ihec.edu.ph](http://www.ihec.edu.ph)

**Lemongrass Jelly Spread Procedure**

**Materials /Utensils:**



**From left to right (top):** chopping board, saucepan, mixing bowl, strainer

**From left to right (bottom):** knife, measuring cup, measuring cup for liquid, empty jar, weighing scale

**Ingredients:**



2 ¼ cups	White sugar
1 litre (1000 ml)	Water
½ kg (500 grams)	Lemongrass (at least 3 inches long of stem)
2, tbsp.	Calamansi Juice

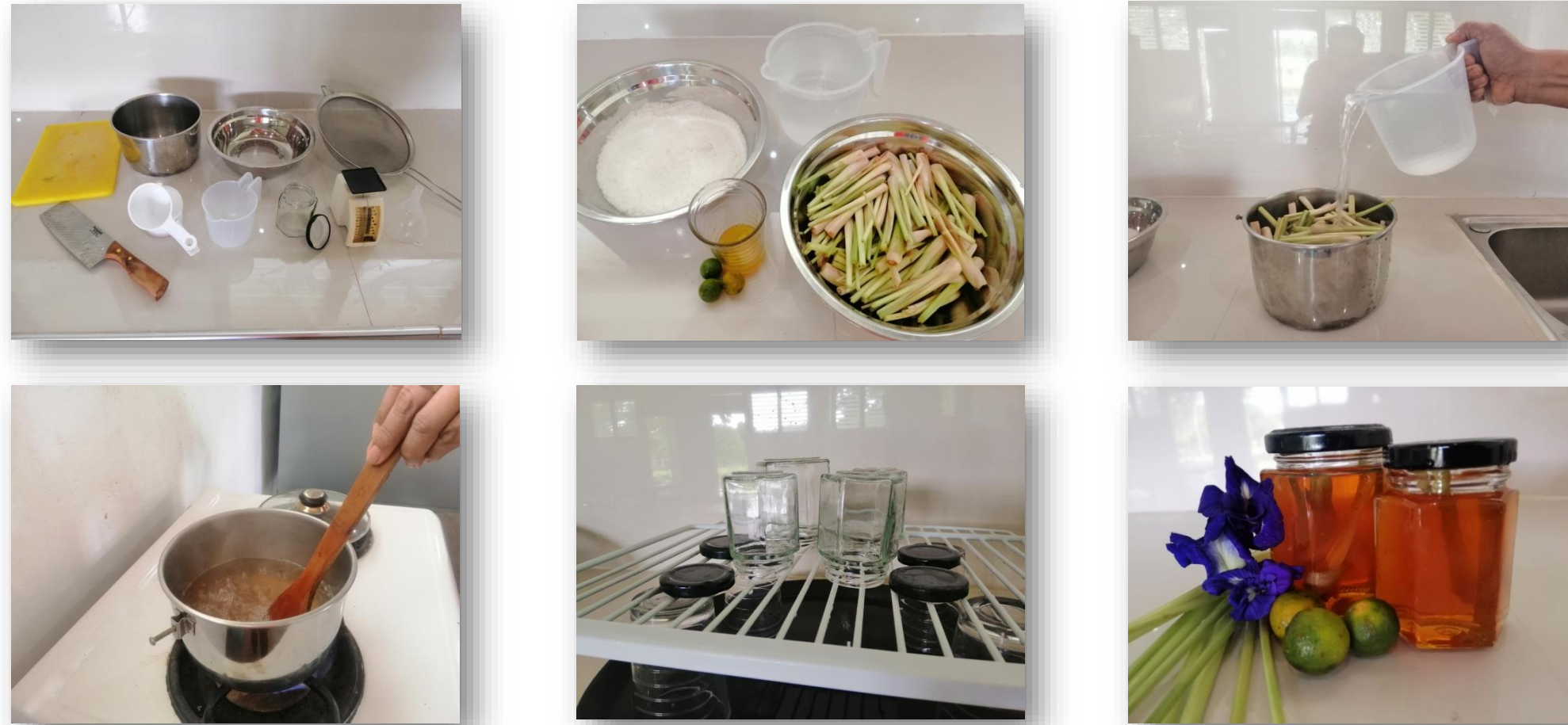
**Here's how you do it!**

1. Sterilize the bottles for at least 15-20 minutes.
2. Air dry the bottles.
3. Put lemongrass stalks in a saucepan and add water.
4. Let it boil for 20 minutes.
5. Strain the juice using a strainer.
6. It must at least produce 3 cups of juice after straining.
7. Add the 2 ¼ cups of sugar into the juice.
8. Add the 2 tbsp. Calamansi juice.

**7 You can also use brown sugar if you like!**

Figure 1: Page 1 and 2 of the Lemongrass Jelly Spread Flyer

## Formulation and Pilot Testing of Lemongrass Jelly Spread



**Figure 2:** *Methods and Procedures for Making Lemongrass Jelly Spread*

## Final Product Labeling and Packaging of Lemongrass Jelly Spread


<p><b>Ingredients:</b> White sugar, water, lemongrass, kalamansi juice</p> <p>Produced by: <b>JHSC-CMSE Campus STE and SAS Research and Extension Office</b></p> <p><b>Homemade and Organic</b></p>	 <p><b>Lemongrass Jelly Spread</b></p> <p>"A perfect blend of citrusy &amp; sweet treat"</p> <p>150 ml</p>	<p><b>Uses:</b></p> <ul style="list-style-type: none"><li>• as spread and fillings for bread and biscuits</li><li>• as flavor enhancer for pastries and desserts</li><li>• as sweetener for tea and beverages</li></ul> <p><b>Manufactured Date:</b> 06/08/2020</p>
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Figure 3: Sample product design of packaging and labeling






**Figure 5:** MOA Signing together with the proponents, extension director and Barangay captain of Biswangan



## Conduct of Orientation to Non-working/Indigent Mothers on Lemongrass Jelly Spread Making of Biswangan, Lake Wood, Zamboanga del Sur



**J.H. CERILLES STATE COLLEGE**  
Canuto MS Enerio Campus  
Biswangan, Lake Wood, Zamboanga del Sur

**VISION**  
Leading public higher education institution serving the ASEAN community with quality, innovative and culture-sensitive programs

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Hope, Honesty and Humility  
Credibility and Integrity  
Social Responsibility and Interfaith Dialogue  
Collaboration and Shared Competence

**EXTENSION PROJECT  
ORIENTATION PROGRAM  
ATTENDANCE SHEET**

JUNE 16, 2020

NAME	SIGNATURE
Annabella S. Diez	
Melanie A. Umbaran	
Daisy Jane S. Gumoad	
Terma L. Manfe	
Jenelyn L. Gumoad	
Olina T. Liguan	
Lorena T. Lagon	
Honnie T. Oliveros	
Jehlibel Amban	
Jean Dial	
ELVIE T. LUMANDAP	
Marita T. Quijano	
Kristine T. Oliveros	
LOKITA P. ANDOT	
ROBBIE MARIE E. MARTILLO	
MARLON L. SIBAL	
GINA O. SAPONG	
BOBBY PISWOC	
JEVERLY TESS P. MOSQUERA	

*"Quality Education for Service"*

**EXTENSION PROJECT  
ORIENTATION PROGRAM  
ATTENDANCE SHEET**

JUNE 15, 2020

NAME	CP#	SIGNATURE
1. Angelita L. Sanagayan	09258145727	
2. Jeanyra R. Diez	09532866935	
3. Jocelyn L. Umbaran	09168598882	
4. Daniela Bernadette Igo	09650888907	
5. Jocelyn Rubico	09269194262	
6. LOKITA P. ANDOT	09172724767	
7. Celemin B. Cuajofin	0948-824-5602	
8. EVELYN R. CATHAG	09151908070	
9. JANETH D. CABRESIS	09950437379	
10. Falve Ouyon	09261163921	
11. Dalina L. Broca	09354171345	
12. Melissa T. Olyon	0906543597	
13. Siang T. Dagonay		
14. Bernadette M. Carbonilla	09061823449	
15. ANRAN A. BROCA	09268670622	
16. EMELIA D. CABRERO	09269006100	
17. Betty T. D...		

**Figure 6: Attendance of the participants and the proponents on the conduct of orientation**



**Figure 7:** Conduct of Orientation to Non-working/indigent mothers



**JH CERILLES STATE COLLEGE**  
**CANUTO MS ENERIO CAMPUS**  
**BISWANGAN, LAKEWOOD, ZAMBOANGA DEL SUR**

**Conduct of Orientation on Indigent and Non-Working Mothers on  
Technology Transfer of Lemongrass Jelly Spread Making in Biswangan,  
Lake Wood, Zamboanga del Sur**

**Date**  
**Biswangan Barangay Hall,**  
**Biswangan, Lake Wood, Zamboanga del Sur**

**Figure 8:** Tarpaulin of the Conduct of Orientation on Indigent and Non-working mothers on Technology Transfer of Lemongrass Jelly Spread Making

Prepared by:



LORITA P. ANDOT, Ph.D.  
Project Leader

Noted by:



RICKY A. EGOS, MMITM  
Extension Director

